

WELCOME

Welcome to the dining program at NHTI! We offer a program that meets the needs of today's college student.

Each year, you will experience exciting changes, fresh menus, and new enhancements to your dining experience.

The enhancements will be a result of the feedback and input of students, faculty, and staff on campus.



SPECIAL DIETARY NEEDS

NHTI's dining program and a Registered Dietitian will work with parents, school nurses, teachers, and healthcare providers to help manage students' food allergies and special diets by:

Working with physicians, dietitians, or qualified nutrition specialists to manage dietary substitutions.

Knowing where emergency medications are stored and knowing how they should be administered.

Reviewing menus with parents or students who have food allergies to determine if any menu items need to be substituted.



BeWell is our wellness program to help you have a more balanced dining experience! Our BeWell wellness approach combines the latest in food science and trendy recipes to create crave-worthy menu choices every day. We offer daily, weekly, and monthly specials, free take-home recipes, wellness promotions, and more!

Be sure to look for the BeWell blueberry icon in the Dining Hall.

VISIT US

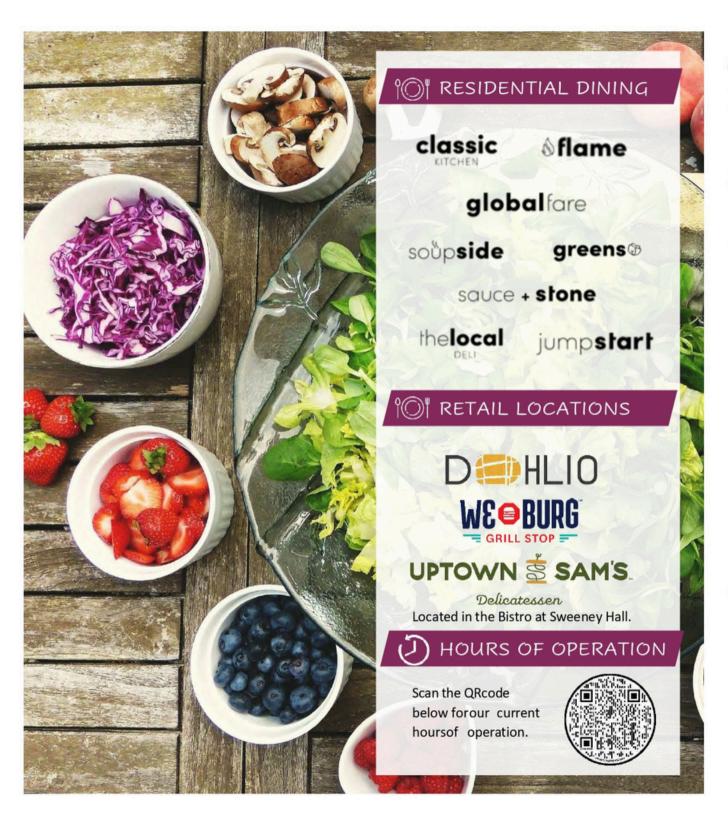
https://nhti.campus-dining.com/



CONTACT

Stan Corneau
Director of Dining Services
603.365.8549
Stan.Corneau@elior-na.com







MEAL PLANS

All students living in a residence hall on campus are required to purchase a meal plan. Resident Life recommends incoming first-year students to purchase the Ultimate Plan for their first semester. Students can add Flex Dollars to their account at any time in increments of \$25.

Residential Meal Plans

19 Meals per week + 100 Flex Dollars

15 Meals per week + 100 Flex Dollars

Commuter Meal Plans

Block Meal Plans offer you the most flexibility during the semester. Students can use their block meals at our all-you-care-to-eat dining hall. Meals on our block plans carry over from week to week.

> Block 50 + 100 Flex Dollars Block 25 + 75 Flex Dollars

Block 10 + 50 Flex Dollars

NEW! RETAIL LOCATION



Our fresh, new self-serve micro mart offers fresh-to-go sandwiches and salads, drinks, and a variety of packaged snacks for purchase. Hungry for something quick. Stop by and use your flex dollars or credit card today. Located in the Bistro at Sweeney Hall.